



Mohamed Sathak College of Arts and Science

(Sponsored by Mohamed Sathak Trust)

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(A Muslim Minority Institution), An ISO 9001:2015 Certified Institution
Sholinganallur, Chennai - 600 119.



REPORT ON SUBSTANCE ABUSE PREVENTION CAMPAIGN

Organized by Department of Psychology & Anti-Drug Club, Mohamed Sathak College of Arts and Science, in association with IQAC

Date : 1 September 2026

Time : 1.00 PM

Venue : Alhaj Sheikh Aboobacker Sahib Auditorium, MSCAS

INTRODUCTION

The Department of Psychology & Anti-Drug Club, Mohamed Sathak College of Arts and Science, in association with the Internal Quality Assurance Cell (IQAC), organized a “Substance Abuse Prevention Campaign” on 1 September 2026 at 1.00 PM at the Alhaj Sheikh Aboobacker Sahib Auditorium, MSCAS. The programme was designed to create awareness among students about substance abuse, its harmful effects, preventive measures, and the importance of making responsible and healthy choices. The campaign aimed to encourage students to contribute towards building a safe and drug-free society.

RESOURCE PERSONS

The awareness session was graced by Tr. C. Charles, Inspector of Police, T16 Semmenchery Police Station, and Tmt. K. Sujadevi, Sub-Inspector of Police, T15 Kannaki Nagar Police Station & In-charge of Thalaratha Thalirgal Counselling Centre. Their professional experience and interaction with students provided valuable practical insights into substance abuse, its prevention, responsible decision-making, and the importance of seeking appropriate guidance and support.

OBJECTIVES OF THE PROGRAMME

- To create awareness among students about the harmful effects of substance abuse.
- To educate students about preventive measures and responsible choices.
- To highlight the social, personal and academic consequences of substance abuse.
- To encourage students to develop healthy and positive lifestyle choices.
- To motivate students to contribute towards a drug-free and safe community.

PROGRAMME HIGHLIGHTS

The Substance Abuse Prevention Campaign focused on creating awareness about the risks associated with substance abuse and the importance of prevention. The police officials shared practical insights based on their professional experience and emphasized the need for students to make informed and responsible choices. The session also highlighted the importance of awareness, timely intervention, counselling and community support in preventing substance-related problems.

The interaction with the police officials provided students with an opportunity to understand the real-world consequences of substance abuse and the significance of staying away from harmful substances. The programme encouraged students to adopt healthy habits, remain alert to risky situations, and seek appropriate support whenever necessary.



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LEARNING OUTCOMES

- Improved awareness of the harmful effects and consequences of substance abuse.
- Greater understanding of preventive measures and responsible decision-making.
- Exposure to practical perspectives from police professionals working in the community.
- Increased awareness of the importance of counselling, support and timely intervention.
- Encouragement to adopt healthy lifestyles and contribute to a drug-free environment.

OUTCOME OF THE PROGRAMME

The campaign served as a meaningful awareness initiative for the students of Mohamed Sathak College of Arts and Science. The programme strengthened students' understanding of the dangers of substance abuse and encouraged them to make responsible choices. It also reinforced the importance of collective efforts by educational institutions, families, counselling services and the community in promoting a safe and drug-free environment.

CONCLUSION

The “Substance Abuse Prevention Campaign,” organized by the Department of Psychology & Anti-Drug Club in association with IQAC, was a relevant and impactful awareness initiative. The programme provided students with valuable practical insights into substance abuse prevention and responsible choices. The Department of Psychology & Anti-Drug Club expresses its sincere appreciation to Tr. C. Charles and Tmt. K. Sujadevi for sharing their valuable insights, and to the college management, IQAC, faculty members and students for their support and participation in making the programme a success.

“Aware Today, Safe Tomorrow, Stronger Forever.”