

Mohamed Sathak College of Arts and Science

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(A Muslim Minority Institution), An ISO 9001:2015 Certified Institution
Sholinganallur, Chennai - 600 119.



ALUMNI CONNECT REPORT

NAME OF THE EVENT : Alumni connect &

Intradepartmental Competition on Organ Fit Poster making

CONDUCTED BY : UG Department of Home Science - Clinical Nutrition and
Dietetics in association with IQAC

DATE : 12th August 2026.

VENUE : Seminar Hall

DIGNITARIES : Ms. FOUZIA.A (Alumni Batch 2019- 2022), Senior Manager –
Business Development, Impact Guru, Chennai.

Dr. M.S. MOHAMED JAABIR, Principal, MSCAS

Dr. M.SYED ALI, Vice Principal & IQAC Coordinator, MSCAS.

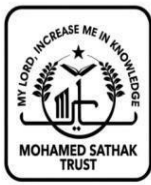
Dr. S. PADMA PRIYA, HoD, Department of Home Science –
Clinical Nutrition and Dietetics, MSCAS

PARTICIPANTS : I,II &III UG (CND) students

ABOUT THE EVENT:

The Department of Home Science – Clinical Nutrition and Dietetics, in association with the Internal Quality Assurance Cell (IQAC), successfully organized an Alumni Connect – “Nutrition beyond Boundaries” on 12.08.2026. The programme was organized with the objective of providing students with an opportunity to interact with an accomplished alumna and gain valuable insights into the evolving field of nutrition, career opportunities, professional development, and emerging pathways beyond conventional roles.

The department was privileged to welcome Ms. Fouzia A (Batch 2019–2022), Senior Manager – Business Development, Impact Guru, Chennai, as the distinguished alumna and resource person for the programme. During the interactive session, she shared her academic and professional experiences and provided students with practical insights into the transition from academic



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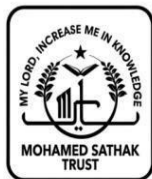


learning to the professional environment. She highlighted the importance of developing professional competencies, communication skills, networking abilities, adaptability, and a continuous-learning mindset for building a successful career.

The session particularly focused on the diverse career opportunities available within and beyond the traditional domains of Clinical Nutrition and Dietetics. The interaction encouraged students to explore emerging areas, understand the importance of interdisciplinary skills, and recognize the wide range of professional possibilities available in the nutrition sector. Her experiences and valuable guidance served as a source of motivation and inspiration for the students, encouraging them to think beyond conventional career pathways and confidently explore new opportunities in the field of nutrition.

As part of the programme, an Intra-Departmental “Organ-Fit” Poster Making Competition was also conducted to encourage students to creatively integrate their knowledge of nutrition, health, and organ-specific functions through visual communication. Students enthusiastically participated in the competition and presented innovative and informative posters highlighting the relationship between nutrition and the health and functioning of various organs. The activity provided students with an opportunity to demonstrate their subject knowledge, creativity, presentation skills, teamwork, and scientific communication abilities.

The posters were evaluated by the distinguished alumna, Ms. Fouzia A, who selected the winners based on the quality of content, creativity, presentation, relevance to the theme, and overall effectiveness of the posters. The competition added an interactive and creative dimension to the Alumni Connect programme and encouraged students to apply their academic knowledge in an engaging manner.



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PROGRAMME OBJECTIVES:

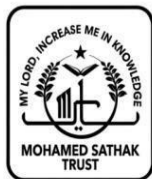
- To provide a platform for interaction between alumni and present students.
- To share alumni experiences, professional journeys, and career insights in the field of Clinical Nutrition and Dietetics.
- To motivate students through real-life experiences and achievements of alumni.
- To encourage professional networking and mentorship between alumni and students.
- To strengthen the association and continued engagement between the department and its alumni.

OUTCOME:

- Students will gain greater awareness of career opportunities in Clinical Nutrition and Dietetics.
- Students will receive practical guidance regarding higher education, professional development, internships, and career progression.
- Interaction with alumni will enhance students' confidence, motivation, and professional outlook.
- The programme will facilitate meaningful networking between alumni and current students.
- The initiative will contribute towards strengthening the department–alumni relationship.

PROGRAMME CONCLUSION:

The Alumni Connect – “Nutrition beyond Boundaries”, organized by the Department of Home Science – Clinical Nutrition and Dietetics in association with IQAC on 12.08.2026, was successfully conducted with active participation from students and faculty members. The interaction with Ms. Fouzia A (Batch 2019–2022), Senior Manager – Business Development,



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Impact Guru, Chennai, provided students with valuable insights into career opportunities, professional growth, and emerging pathways in the field of Nutrition and Dietetics.

The Intra-Departmental Organ-Fit Poster Making Competition further encouraged students to showcase their creativity, subject knowledge, and presentation skills. Overall, the programme served as an informative and inspiring platform for career guidance, creative learning, and alumni–student engagement, contributing to the holistic development of the students.

EVENT COORDINATOR : Dr. S. PADMA PRIYA, HOD, Department of Home Science
Clinical Nutrition and Dietetics, MSCAS.

COORDINATING MEMBER: Ms. Syeda Thaiyeba Fathima. HSCND
Mrs. R. Sandhiya. HSCND
Ms. Gracelin Christiana. H HSCND

EVENT SCHEDULE : 12TH AUGUST 2026, ROOM NO-6, MSCAS